

# Online Trauma-Informed Transitions Training for Caregivers

**Mondays, April 15th to June 3rd, 9:30am to 12:30pm  
(No class May 20th due to holiday)**

Every child in care experiences a minimum of two transitions: entering care and moving out of care.

Caregivers trained in creating trauma-informed transitions can improve the outcomes for children and youth. In this training module, you will connect with your peers in a dedicated online community as you explore strategies for successful transitions.

While a key driver of this training is the "*Act respecting First Nations, Inuit and Métis children, youth and families*" and reuniting Indigenous Children and Youth with their Community", the content is relevant to all foster caregivers as it supports trauma-informed transitions for children and youth.

This training includes key topics organized over the following six units that focus on preparing children and their caregivers for trauma-informed transitions:

- Relationships
- The Act (Bill C-92)
- Trauma-informed Practice
- Policy
- Advocacy
- Grief and Loss

***Limited seats available. We would like a variety of participants across the province. You will be contacted by April 8th if selected to participate in this session.***



*Created in collaboration with Dr. Jo Axe and Royal Roads University.*