

# COPING WITH GRIEF AND LOSS

## FOR CAREGIVERS

Facilitated by:

**Sarah Day**

This presentation is geared towards caregivers around the grief and loss that they experience.

Sarah will touch on topics such as:

- children transitioning to new homes or returning to family (both when it is a good transition and when it is not what the caregiver was hoping for)
- how to support a child / youth in your care who loses a parent to the drug crisis
- how to support yourself and your family through the loss of a child / youth (in your care) through an overdose or through suicide.

Sarah will finish by giving caregivers practical skills they can use to help manage the grief and loss.



**MONDAY  
EVENINGS**

**SEPTEMBER 22 &  
SEPTEMBER 29**

6:30pm to  
8:30pm (PST)

*Please note that this workshop will be geared towards caregivers.*

**REGISTER NOW**

This workshop is open to:  
Foster Caregivers  
Out of Care / Kinship Caregivers  
Contracted Agency Caregivers  
Social Workers & Community Professionals

**This is a 2 part series:  
Monday, September 22 and  
Monday, September 29**

Both sessions will be recorded and the recording will be available during the month of October ONLY.



PROVINCIAL SUPPORT AGENCY  
CAREGIVER LEARNING NETWORK



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